

Circular walking route from Modbury Car Park

Old Traine Trail

Distance: 1¼miles | Grade: Moderate | Time: 30 mins

Explore the tranquillity of what lies behind the busy main street. 1 steep climb. 4 stiles



- From Car park go back up to the main street via Poundwell Street.
- Cross the main road using the Zebra crossing
- Turn right and continue down to the Co-operative store and turn left into Burns Lane.
- Left again onto path signed Millennium Meadow.
- Follow footpath, over wooden bridge on your right and enter the Millennium Meadow.
- Go to next wooden bridge on your left, over this and straight up the road through Ayleston Park estate
- When you get to junction with Silverwell Park turn left and at main road turn right.
- Just after junction with Dark Lane take FP2 on your right (finger post)
- Follow track down to Old Traine and proceed between houses bearing slightly right then sharp left to stile into field
- Cross field diagonally to right to another stile in hedge
- You are now back in the Millennium Meadow
- As you emerge from the small copse take the stile on your left into field and on to enclosed steps and sleeper bridge across stream
- Head very slightly left up steep field to stile and onto narrow footpath between tall hedges.
- Exit on to road (Galpin Street). Turn right and after 10yds turn left into Donkey Lane (finger post) next to post box.
- Follow this to next road (Scalders Lane) and turn right down hill.
- At bottom is the main A379. Cross this with extreme care to road opposite (Bunkers Hill) and follow this to Car Park.

